



100% Employee-Owned

Commonwealth Fire Protection

Commercial · Industrial · Residential

Fire Protection Contractor

Appendix A

'CFPC's COVID-19 Sanitation Reference Check Sheet'

Based on what is currently known about the Coronavirus, CFPC's efforts are focused on preventing contamination and spreading.

Date:		Foreman/Apprentice Name:	
Job#:		Project Manager/Location:	
Question	CDC Prevention Techniques & Description		Y or N
<p><i>If you are experiencing flu-like symptoms such as a dry persistent cough, fever or respiratory problems, please do what you would normally do if you're sick - Stay @ Home, call in and report your status and go seek medical assistance as you normally would. We hope by using early warning self-detection to keep our workplaces and your homes clean and virus free.</i></p>			
1	<p>Do You: Have and actively Wear a face mask or covering when you are @ the Offices, @ Construction site, @ Customer Facilities? <i>Face masks are now required at work or entering someone's business; except those unable to medically wear a mask and children under 2; or to the extent someone is on break time to eat/drink. What about face masks when you're just out in public? Click Here for PA Secretary of Health Order 4-19-20.</i></p>		Y or N
2	<p>Do workplaces: Schedule work plans, visitors by appointment and/or stagger shifts to maintain a limit on the number of people to 50% of the actual permitted occupancy? <i>This applies to businesses that serve the public w/in a building or area; not including health care.</i></p>		Y or N
3	<p>Are Businesses: Limiting in-person meetings to less than >10 people while maintaining face-to-face buffer-space between you and other people (~6' feet)? <i>When coughing or sneezing, cover your mouth with a tissue or bent elbow.</i></p>		Y or N
4	<p>Can You: Frequently (~every hour) wash your hands with soap and running water often OR have available greater than >60% alcohol-based hand sanitizer?</p>		Y or N
5	<p>Have You Today: Clean & Disinfected... <i>Field Personnel</i> - vehicle controls, handles and knobs as well as your ladders, machinery, equipment and tools. <i>Office Personnel</i> - workstations, desks and doorknobs, common supply areas, printer/copier buttons, restrooms, kitchen equipment and trash/recycling.</p>		Y or N
6	<p>Are You Doing Your Best To: Avoid touching your eyes, nose, or mouth with dirty/unwashed hands:</p> <ul style="list-style-type: none"> • After blowing one's nose, coughing, or sneezing, After using the restroom, Before eating or preparing food, After contact with animals or pets? • Before and after providing routine care for another person? • Clean and Disinfect surfaces commonly touched both at home and at work? 		Y or N
7	<p>Remember To Do This: Drink lots of fluids, water and natural fruit and vegetable juices, over-the-counter vitamins such as C and D help maintain a strong immune system, other useful remedies to quell the aches and pains of being sick, and probably the most overlooked; rest.</p>		Y or N



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